

Irresist-A-Bowls II

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You will make a Double Square Bowl and a Sunflower in class. Please check the supply list carefully, and call or email me if you have any questions.

Supply List:

sewing machine **in good working order** and able to do zigzag stitching

****open toed embroidery foot for your machine****

darning foot for your machine

sewing machine needles: size 80/12 or 90/14 - **top stitching**

one old machine needle

3 + extra bobbins

threads; cotton or polyester, etc... **whatever you are comfortable using** - this is **NOT** the time to experiment with new threads! I use Isacord polyester & Mettler cotton

scissors for thread & fabric cutting

double curved, duck billed appliqué scissors; optional, but an excellent tool

school compass and round template (dinner plate), or 1" x 12" rotary ruler and

yardstick compass points – we will be making a 12" circle

pencils for marking fabric (marks will not show, #2 pencil & white marker are fine)

seam ripper

rotary cutter & large rotary cutting mat (18" X 22")

12 ½" square rotary ruler

temporary spray adhesive for fabric

hot iron cleaner

ironing protective sheet - to protect ironing board (I use June Tailor or Clotilde)

extra irons & ironing boards would be helpful - bring a cloth to cover & protect the surface of your board

4-5 yards of cording, yarn, or string - about the same thickness as your stiff interfacing. You may want to use rattail cording for this. Match your fabric colors – 3 yds for Dbl Sq & 1 for Sunflower

Fabric:

(Minimum of 2 fat quarters each for two bowls - 4 fat quarters total)

Plus 5" – 8" scraps for the centers on each side of each bowl

The more you bring the more choices you will have. Hand dyed, solid, and some batik fabrics work well for the fantasy flower.

1/2 yard of heavy COTTON canvas, denim or duck fabric. Do not wash it! ~~It is a stand over side~~ of it.

Please be brand specific on these two:

Timtex or Fast2fuse (@ ½ yard – you'll need an 18" square) If you have the choice, fast2fuse makes this bowl a snap. It is also now available in heavyweight.

Wonder Under, @ 2 yards - Steam-a-Seam and Heat & Bond brands do not work well for the bowls. If you are using fast2fuse, you will need 1 yard of Wonder Under.

Book: Fast, Fun & Easy Irresist-A-Bowls by Linda Johansen

Optional Templates: Fast, Fun & Easy Double Square and Sunflower bowls